

Our Lady's Catholic Primary School Newsletter



Friday 18th September 2026
www.ourladys.camden.sch.uk
admin@ourladys.camden.sch.uk

Go shine
in the world
and live as
Jesus lived!



Dear Parents/Carers,

Thank you all so much for attending your child's Academic Review Day meeting last Friday. Our teachers really enjoyed meeting you and hearing more about your children. If you were unable to attend, please ring the school office to book another appointment as lots of important information about your child's learning this year was shared in the meeting. Thank you

With Best Wishes, Mrs O'Reilly (Head of School) and Ms Richardson (Executive Headteacher)

Healthy Heart Day

At Our Lady's we take every opportunity to encourage and promote a healthy lifestyle and improve children's levels of physical activity. One of the ways in which we do this is our annual **Healthy Heart Day**. On **Friday 2nd October Year R to Year 6** will be taking part in **Healthy Heart Day!**

This is a sponsored event involving the children joining in with Healthy Heart activities throughout the day including **skipping, skateboarding, circuit training** and lessons on **eating well** and **sugar in the body**. You will have received a letter about Healthy Heart Day. **A sponsor form for collecting donations was attached to your child's letter.**

All money collected will go towards buying sport and exercise equipment for the school.

Please help us by making sure that your child wears their PE kit to school on Healthy Heart Day. Thank you



Times Tables at Our Lady's

A reminder to us all, that children learning their times tables is a fundamental part of mathematics in primary school. It is very important for your child to know their times tables as it makes it far quicker and easier for them to work out maths problems with these multiplication and division facts in their heads.



Multiplication is a main tool for many forms of maths, such as algebra, calculus, equations and more. The ability to rehearse and understand multiplications up to and including 12 x 12 enables your child to confidently and skilfully tackle the more complex mathematical subjects in secondary school. This is why we place such an emphasis on the children learning their times tables.

Research tells us that children who don't know their tables towards the end of primary school will go on to struggle with maths in secondary school. Please support your child at home with their times tables. We use **'Times Tables Rock Stars'** for Year 2 upwards, which is an online program you can use at home. Your child has their own log in for this.

I have received and read the Our Lady's Primary School newsletter of 18.09.2026

Signed _____ Name of child _____ Class _____

PLEASE RETURN THIS SLIP TO THE SCHOOL OFFICE AND YOUR CHILD MIGHT WIN A PRIZE :)

Reading and coming to school every day... The two habits of **reading every day** and **coming to school every day** are going to make the biggest difference to your child's education and life chances.



Reading is a necessity for learning and a lifelong skill. We know that children who struggle to learn to read have a much harder, steeper path with all other areas of learning. It affects their social skills, well-being, attainment and progress. This in turn means that a child who does not succeed with reading has poorer life chances and fewer opportunities as an adult. **Listening to your child read and sharing a book daily is so important. That precious 20 to 30 minutes every day is time very well spent.** The best research for years tells us that the children who do best in school practise reading the most. **Please make sure that your child brings their reading books to school with them every day.** Please also make sure that you sign your child's home reading record to show that they have practised their reading at home. Thank you for your help with this.

Important dates for your diary...



Wednesday 23rd September @ 9am –

Weekly Parent Coffee Morning in the Pratt Street Hall (Children's Mental Health and Well-being Awareness)

Friday 25th September – Non-uniform Day

Children donate £1 to charity to wear their own clothes

Wednesday 30th September - Y4 guitar lessons begin
– Everyone Performs in Class (EPIC)

Friday 25th September @ 9am – Parents Working
Alongside Children in Class – Year 2

Friday 2nd October – Healthy Heart Day

Friday 9th October @ 9am – Parents Working
Alongside Children in Class – Year 6

Friday 16th October @ 9am – Parents Working
Alongside Children in Class – Year 5

Friday 16th October – Family Fancy Dress Disco

Friday 23rd October – Non-uniform Day

Children donate £1 to charity to wear their own clothes

Monday 26th October – Friday 30th October
Half Term Week

Every week, one person from each class is chosen to be **'Person of the week.'** They are chosen due to their excellent attitude and learning behaviour, and for the fantastic work they are producing in class.

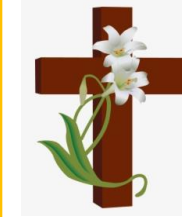
Person of the Week last week was!

Year 1 - Aqsa
Year 2 - Harlow
Year 3 - Emmanuel
Year 4 - Gracie
Year 5 - Karter
Year 6 - Isobella



Our Prayer of the week...

We ask you, O Lord,
to help us through difficult times
when our troubles seem
almost too much to bear.
Give us the strength to carry on
and to always do our best.
We ask this through Christ our Lord. **Amen**



The winner of the Friday newsletter slip prize this week is **Riley** in **Year 4**.



Riley has won a £5 gift voucher to spend in Waterstones.



Work of the Week!

Every week a fantastic piece of children's work is showcased in the school lobby (next to the office).



This week, Year 5 have been learning about Moses and the Burning Bush.

Jewana retold the story of Moses' encounter with God, showing a clear understanding of the important events from **Exodus 3**.

Jewana also made excellent use of **scripture** to support her ideas and explain how Moses recognised that he was in the presence of God. **Jewana** also reflected carefully on **how God might communicate with people today**. She explained her ideas clearly and showed she could connect what she had learned from scripture with the lives and experiences of Christians in the modern world.

Well done, Jewana!

Don't let a little worry turn into a big one...

If you or your child are worried about something or have any questions, please phone the school office and book an appointment to see their class teacher, Mrs Robbins, Ms Mahon or Mrs O'Reilly. **We are always really pleased to meet with you and chat things through.**





Parenting Lead Team
Strengthening Families,
Strengthening Communities
(SFSC)

Venue:
**Netherwood
Youth and
Family Hub,
5 Netherwood St,
Brondesbury
NW6 2QU**

**Free
childcare
and travel
available**

Dates:
**Thursdays
17/09 – 17/12/26
11am – 2pm
including
lunch**

SFSC parenting programme for parents with children aged 4 - 17 years

**Do you have a good relationship with your children?
Do you enjoy spending time together?**

After completing the 13-week programme the answers to
the questions will be **YES**.

Sign up now and you can expect to:

- **Meet other parents and ~~carers~~**
- **Share your views & experiences of parenting in a confidential space**
- **Understand why you parent the way you do and how to make improvements**
- **Set boundaries for your children which they will enjoy and respect**
- **Build a better relationship with your child**
- **Motivate your child to do their best at home and school**
- **Address concerns about drinking, drugs, antisocial behavior or truanting**
- **Make connections with your wider community and services in Camden**
- **Develop your confidence as a parent**

For more info and to book a place, please contact:
referralsfamiliesinfocus@camden.gov.uk or:

~~Sharmina Begum:~~ Sharmina.Begum@camden.gov.uk Tel: 020 7974 2233

~~Alison Drukker:~~ Alison.Drukker@camden.gov.uk Tel: 020 7974 5881



